Problems from the Past

Over It – Week 4

Review:

* *Fear is an unpleasant emotion caused by the belief of looming potential danger and loss.*
* *Anxiety is the present emotion of inner turmoil produced by uncertainty of the future.*

Our fears of the future are fueled by our \_\_\_\_\_\_\_\_\_\_\_.

Our lives are full of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_experiences.

Just like withdrawing from a hot stove, past experiences help us withdraw from the feeling of being hurt or taken advantage of.

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The very walls we construct to protect us also do significant damage to us and to those around us:

Keep you from experiencing life to its \_\_\_\_\_\_\_\_\_\_\_\_\_\_

You \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*God is carefully is inviting all of us to come out from*

*behind the wall and to draw close to him.*

Philemon 1:8-12 and 15-18

*8 Therefore, although in Christ I could be bold and order you to do what you ought to do, 9 yet I prefer to appeal to you on the basis of love. It is as none other than Paul—an old man and now also a prisoner of Christ Jesus— 10 that I appeal to you for my son Onesimus, who became my son while I was in chains. 11* ***Formerly he was useless to you****, but now he has become useful both to you and to me.* *12 I am* ***sending him****—who is my very heart—****back to you****.*

*15* ***Perhaps the reason*** *he was separated from you for a little while was that you might have him back forever - 16 no longer as a slave, but* ***better than a slave, as a dear brother****. He is very dear to me but even dearer to you, both as a fellow man and as a brother in the Lord.* *17 So if you consider me a partner,* ***welcome him as you would welcome me****. 18 If he has done you any wrong or owes you anything,* ***charge it to me****.*

*You can move past your past when what you*

*find in Jesus is greater than what you fear.*

*You don’t have to be a slave to fear when you*

*are convinced that you’re a child of God.*