The Fear Buster

Over It – Week 6

Where we started 1 John 4:18

*…Perfect love drives out fear…*

Fear makes us self-centered.

Galatians 5:13-16

***13****You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.* ***14****For the entire law is fulfilled in keeping this one command: “Love your neighbor as yourself.”*

The way to free ourselves from the fear that makes us self-centered is by serving.

You are free and you have a new opportunity.

The entire law of God in one command from Leviticus 19:18

*Love your neighbor as yourself.*

Serving = When see a need, meet it.

When I see something that needs to be done, do it.

If you choose not to serve – here’s what you can expect.

***15****If you bite and devour each other, watch out or you will be destroyed by each other.*

Self-centeredness eventually destroys the things we love.

Continue to serve yourself and eventually you will be by yourself.

***16****So I say, walk by the Spirit, and you will not gratify the desires of the flesh.*

*Walk by the Spirit?*

As you learn to follow God he will lead you in the direction of serving other people.

Fear leads to self-centeredness, and the best

way to deal with self-centeredness is to serve.

When you said yes to Christ you were given the power to say no to yourself.

How far do I have to go?

John 13:2-4 and 12-15

***2****The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus.* ***3****Jesus knew that* ***the Father had put all things under his power****, and that he had come from God and was returning to God;*

One would betray him, one would deny him, the others would run from him.

The Father gave Jesus the upper hand.

***4****so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist.* ***5****After that, he poured water into a basin and began to wash his disciples’ feet, drying them with the towel that was wrapped around him.*

When Jesus was given the upper hand over betrayers, deniers, and cowards he washed their feet.

***12****When he had finished washing their feet, he put on his clothes and returned to his place. “Do you understand what I have done for you?” he asked them.* ***13****“You call me ‘Teacher’ and ‘Lord,’ and rightly so, for that is what I am.* ***14****Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet.* ***15I have set you an example that you should do as I have done for you****.*

If fear is making you self-centered, leverage all the freedom God has given you, to serve others.